September 21, 2021

FOR IMMEDIATE RELEASE

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*PHOTO ATTACHED.*

ANNEGERS HIRED AS THERAPIST AT PINCKNEYVILLE COMMUNITY HOSPITAL

September 21, 2021 – PINCKNEYVILLE, IL – Pinckneyville Community Hospital is pleased to welcome Kristi Annegers as the new Therapist at Senior Life Solutions.

“We are very happy to have Kristi join the PCH team. Kristi’s previous experience, in counseling and mental health, makes her an asset to our team and especially the patients we serve,” says Randall Dauby, CEO at Pinckneyville Community Hospital.

Kristi is a two time graduate of SIU-C with a BA and MA in History, and also has an MA in Professional Counseling from McKendree University. Through the years, she has served as an Adjunct Instructor of History at McKendree University, an Academic Counselor and Advisor at Southern Illinois University Edwardsville, and more recently has been a Mental Health Coordinator at Southern Illinois University Carbondale. She has also worked extensively in community mental health, seeing clients ranging in ages from 7 to 70+.  As a counselor, Kristi identifies as person-centered, taking an eclectic approach to meeting with the uniqueness of each of her clients.

Kristi lives with her family in Carbondale, Illinois and enjoys spending her free time hiking in the Shawnee National Forest. In March of 2021, Kristi founded the "Shawnee Saunterers" a Facebook group for area hikers over age 50. The group has grown rapidly in popularity and now has over 1100 active members. The group's activities were recently featured in a full page article in the Southern Illinoisan newspaper. Kristi's volunteer work with this group serves to promote mental and physical wellness in older adults, and has been well received throughout southern Illinois. Kristi is now the primary therapist in Senior Life Solutions at Pinckneyville Community Hospital, having joined the team on 8/16/2021.  She provides individual, group, and family therapy services to area seniors.

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Pinckneyville Community Hospital is a critical access hospital that is leading the way to a healthier tomorrow. The hospital provides local access to quality and convenient healthcare by providing a 24-hour emergency department; 17 bed medical floor offering inpatient, observation and swing bed program; Family Medical Center; oncology; surgery; therapies; radiology; laboratory services and over 15 specialty clinics close to home.